

TAKE POWER OF YOUR POWER

HOW MUCH DOES YOUR ELECTRICITY USE COST?

ELECTRIC DEVICES	ASSUMED DAILY USE	DAILY ENERGY USE	COST/WEEK AT 35.3p/kWh	COST/YEAR AT 35.3p/kWh
Mobile Phone Charger	1 h	0.008 kWh	£0.020	£1.03
Speaker	5 h	0.015 kWh	£0.037	£1.93
LED Lightbulb	4 h	0.02 kWh	£0.049	£2.58
Hair straighteners	0.5 h	0.05 kWh	£0.12	£6.44
Hallogen Lightbulb	4h	0.14kWh	£0.35	£18.04
Wi firouter	24 h	0.144 kWh	£0.36	£18.55
Xbox	3 h	0.24 kWh	£0.59	£30.92
Electric Blanket	8 h	0.32kWh	£0.79	£41.23
Laptop	8 h	0.4 kWh	£0.99	£51.546
TV	4h	0.4 kWh	£0.99	£51.54
Vacuum cleaner	0.5 h	0.7 kWh	£1.73	£90.19
Desktop PC	8 h	1.04 kWh	£2.57	£134.00
Microwave	1 h	1.25 kwh	£3.09	£161.06
Kettle	0.5 h	1.5 kWh	£3.71	£193.27
Fridge/Freezer	2 h	1.6 kWh	£3.95	£206.15
Washing machine	2 h	1.6 kWh	£3.95	£206.95
Stand alone oven	2 h	2.5 kWh	£6.18	£322.11
Iron	1 h	3 kWh	£7.41	£386.54
Slow Cooker	4h	4.8kWh	£11.86	£618.46
Tumble dryer	2 h	6 kWh	£14.83	£773.07
Hobs and Oven	2 h	12 kWh	£29.65	£1,546.14
Fan room heater	6 h	18 kWh	£44.48	£2319.21
Electricity	Daily standing charge @ 42.68p/day		£2.99	£155.71
Gas	Daily standing charge @ 28.49p/day		£1.99	£103.99

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SMALL CHANGES TO HELP REDUCE ENERGY USAGE AND SAVE ON BILLS

FOR FREE

- Turn your heating thermostat down by 1 degree - saving approximately £130 per year
- Delay turning on your heating in Autumn and switch it off a little earlier in Spring
- Turn off lights when not in use - this can save up to £25 per year
- Wear a thick jumper and slippers in the home
- Turn appliances off rather than leaving them on standby - this can save up to £68 per year
- Turn off your washing machine and dishwasher at the plug
- Take a shower lasting a maximum of 7 minutes instead of having a bath
- Don't overfill your kettle - this can save around £14 per year
- Draw your curtains in winter in the evening to keep in the heat

FOR SOME MONEY

- Replace your shower head with a water efficient shower head
- Use radiator valves to turn off heating in unused rooms
- Regularly service your boiler and heating system
- Fit LED light bulbs in your rooms
- Use a draught excluder for your front and back door
- Look for high energy efficiency ratings when replacing electrical goods
- Ask your plumber to insulate your hot water pipes

Cost savings are based on a typical three bedroom, gas-heated home in Great Britain, using a gas price of 10.3 p/kWh and electricity price of 35.3 p/kWh.

**For those with medical conditions, only lower the temperature of your home if it is safe to do so. Cold homes can have an impact on health.*

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